



JTS EINDHOVEN INTERNATIONAL TRAINING CAMP 2012

The camp will be held directly after the [Dutch Open Espoir](#) in Eindhoven from the 15th till the 18th of January. The camp is aimed at serious judoka wanting to improve their overall performance and competition levels. Recommended minimum age is 14 years.



Cost:

- **Full board** at [StayOkay Hostel](#) Valkenswaard. Full board from Sunday dinner to Wednesday lunch. Including all training sessions and a T-shirt: € 185,00
- **Bed and breakfast** at [StayOkay Hostel](#) Valkenswaard. B&B from Sunday (after tournament) to Wednesday. Including all training sessions and a T-shirt: € 140,00
- **Only training sessions** on Monday, Tuesday and Wednesday including a T-shirt: € 45,00
- Just training on Monday or Tuesday. 2 sessions a day: € 20,00 per day
- Every single training session: € 12,50 per training session

On request special offer for trainer/coaches.

Location:



Training: [Valkencourt](#), Heerkensdreef 15, 5552 BG Valkenswaard



Sleeping: [StayOkay Hostel](#), Heerkensdreef 20, 5552 BG Valkenswaard

Both are in a 5 minutes' walk of each other. Eindhoven and Eindhoven airport are about 10 - 15 Km.

Trainers:

Head coaches:

- 5 times Olympic coach Mark Earle (Great Britain, 7th dan)
- Tom Essink (5th dan)

Assisted by: Angelique van Wegberg, Tanja de Leeuw, Tijs van Dorenmalen and others

Every day we will organize at least two judo training sessions. On Tuesday and Wednesday morning a running session in the woods. Near to StayOkay you have several possibilities for extra sports and pleasure like the swimming hall, fitness centre etcetera. They are not part of the program.

